

# Quarry Days 2008

## 3<sup>RD</sup> ANNUAL, ESA 5K RUN/WALK

Fundraiser for local community projects

### APPLICATION FORM

Starts at Ball Diamond  
South-side (across the river)

Sat., June 28th, 8:00 am



#### AWARDS

All entrants shall receive an official 5K t-shirt (adult sizes)  
Plaques awarded to top overall male and female 5K runners  
Medals awarded to top finishers in each age category:  
(15-U, 16-19, 20-29, 30-39, 40-49, 50-59, 60-Over)

Send Application form and entry fee to:

ESA Alpha Chi  
47331 Freedom Street, Dell Rapids, SD  
57022  
605-428-6032

For more information call:  
Brenda O'Hara@ 428-6032 or  
email [brendaohara@siouxvalley.net](mailto:brendaohara@siouxvalley.net)

#### ENTRY FEES

\$20 Before June 20 - \$25 After June 20  
Make checks payable to ESA Alpha Chi

Registration & Warm-up 7:00am – 7:45am  
Ball Diamond, South side of River

#### RELEASE STATEMENT

I certify that I am in good health and have trained for this event. In consideration of your acceptance of this entry, I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the organization holding this competition, their agents, representatives, successors, and assignors for any and all injuries by me at said competition.

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Age (on June 28): \_\_\_\_\_

Date: \_\_\_\_\_

Gender: M / F T-Shirt Size: S M L XL XXL(add \$2)

For competitors under 18 years, I, the undersigned parent or legal guardian of the competitor, hereby approve and confirm the above waiver and release.

Signature: \_\_\_\_\_